I can shine My Light

Instructions: Help your child see how they can shine their own light by doing good for others.

- Print this page on cardstock or heavy paper.
- Cut out the star given below along the dotted lines.
- As your child shines following a prompt on the paper strips, help them to attach the first strip to the star as a loop.
- When a picture prompt is done, help them attach that paper to form a link and continue to make a paper chain.
- Praise the child as each chain is attached.



@Carrie Groneman.
Come visit at: www.amothersshadow.com



Laugh with a friend



Ask for help



Explore nature



Hug someone



Volunteer



Share your snacks/food



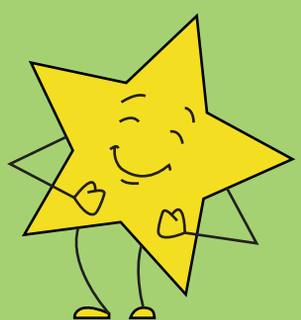
Have a dance party



Say something nice
to yourself



call someone you miss



Smile at someone



Help someone in making meal



Learn something new



Plant something



Complete an item on your sibling's to-do list



Take care of yourself



Do exercise



Learn to say Merry
Christmas in a new language



Say something nice to
your neighbor



Decorate Christmas Tree



Donate your pocket money



Tell a story to
your friends



Leave a gift on a
neighbor's doorstep



Send a homemade
Christmas card to someone



Chat on a dinner table



Take a walk with a friend